OC GastroCare

COLONOSCOPY PREPARATION

For the best exam possible, your colon must be clean. Your preparation will begin the day before your procedure. Please read the instructions carefully before you begin.

-PENDING CLEARANCE: Hold blood thinners (Plavix, Xarelto, Eliquis, Effient, Coumadin/Warfarin) THREE TO FIVE DAYS before the procedure(s).
-Hold Aspirin 325 mg FIVE DAYS before the procedure. -Hold iron FIVE DAYS before the procedure.
-Hold Vitamins C and E TWO DAYS before the procedure.
-Hold anti-inflammatory medication TWO DAYS before the procedure. (Tylenol is okay to take.)

If **DIABETIC**, please take half a dose of your Diabetic medication starting from the day before your procedure(s). If further questions, please refer to your Primary Care Provider

ATTENTION: Please **STOP** following medications **7 days** before procedures:
-OZEMPIC - BYETTA -ADLYXIN -BYDUREON -RYBELSUS

-TRULICITY -VICTOZA -SAXENDA -WEGOVY -ZEPBOUND -MOUNJARO

STARTING ON _____/_____/ 20_____ ALL DAY

CLEAR LIQUID DIET

CLEAR LIQUIDS INCLUDE:

- Water
- Broth/Bouillon
- Coconut water (**NO PULP**)
- Clear Juices (**NO PULP**) - Apple, **WHITE** Cranberry, **WHITE** Grape
- Coffee (**BLACK - NO** creamer, **NO** dairy products
- Tea (HOT or COLD) sugar or honey is okay (**NO** dairy products)
- Sports drinks - clear only, **NO** green, purple or red
- Clear carbonated soft drinks - Sprite, 7UP and/or Ginger Ale
- Yellow gelatin (**NO** toppings) - **STOP AFTER 5:00 P.M.**
- You may use menthol lozenges to help tolerate preparation (Halls cough drops - **CLEAR ONLY**)

★ **DO NOT have dark liquids (red, orange, green, blue or purple)**
★ **DO NOT consume solid foods, dairy products, and cloudy liquids**
★ **STOP all clear liquids after midnight except water**

*If you have a dry mouth, you may rinse with water and spit out. DO NOT swallow the water. If your stomach is not empty, you may feel nauseated with the sedation and may vomit causing pneumonia.

SUPREP® BOWEL PREP KIT

(sodium sulfate, potassium sulfate and magnesium sulfate) Oral Solution

(17.5g/3.13g/1.6g) per 6 ounces

On the day *before* your procedure…

What You **CAN** do:

- Please follow the clear liquid diet instructions provided by our office. / /

What You **CANNOT** do:

- **DO NOT** drink milk
- **DO NOT** eat or drink anything colored red or purple
- **DO NOT** drink alcoholic beverages

Any of the following liquids are OK to drink:

- Water
- Strained fruit juices (without pulp) including apple, orange, white grape, or white cranberry
- Limeade or lemonade
- Coffee or tea (**DO NOT** use any dairy or non-dairy creamer)
- Chicken broth
- Gelatin desserts without added fruit or topping **(NO RED OR PURPLE)**

Note:

- SUPREP Bowel Prep Kit is indicated for cleansing of the colon as a preparation for colonoscopy in adults
- Be sure to tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. SUPREP Bowel Prep Kit may affect how other medicines work
- Medication taken by mouth may not be absorbed properly when taken within 1 hour before the start of each dose of SUPREP Bowel Prep Kit
- The most common adverse reactions after administration of SUPREP Bowel Prep Kit were overall discomfort, abdominal distention, abdominal pain, nausea, vomiting, and headache
- If you have any questions about taking SUPREP Bowel Prep Kit, call your doctor

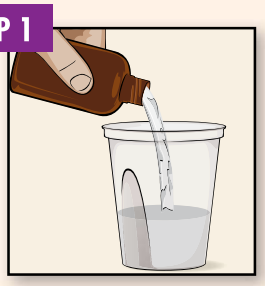
To learn more about this product, please call **1-800-874-6756** or visit our Web site at **www.suprepkit.com**

SUPREP Bowel Prep Kit is a split-dose (2-day) regimen. Both 6-ounce bottles are required for a complete prep.

FIRST DOSE: Begin Step 1 at _5___PM the evening before your procedure and proceed as shown below:

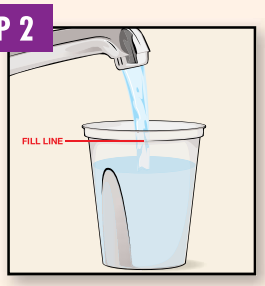
You must complete Steps 1 through 4 using one (1) 6-ounce bottle before going to bed:

STEP 1



Pour **ONE** (1) 6-ounce bottle of SUPREP liquid into the mixing container.

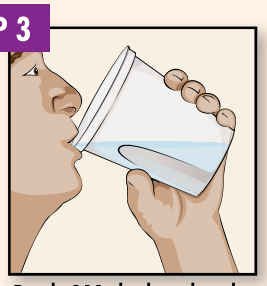
STEP 2



Add cool drinking water to the 16-ounce line on the container and mix.

***NOTE:** Dilute the solution concentrate as directed prior to use.*

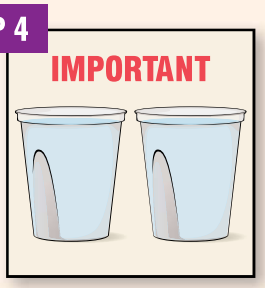
STEP 3



Drink **ALL** the liquid in the container.

/ /

STEP 4



You **must** drink two (2) more 16-ounce containers of water over the next 1 hour.

SECOND DOSE: Begin at _____ A.M. five hours before your procedure

For this dose, repeat Steps 1 through 4 shown above using the other 6-ounce bottle.

Provided as an educational service from Braintree Laboratories, Inc.

Please read the full Prescribing Information and Medication Guide in the kit.

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